**Here are two project ideas. These mirror closely the projects that we do at Hearts on our Sleeves.**

**Don’t forget to tell us about your projects! Tweet us @sleeveshearts or Instagram @heartsonoursleeves73 with your photos, so that we can celebrate together.**

Letter-writing project

After learning together about the impact of environmental and climate disaster on women and girls, the class could choose a local project and write a letter to deliver alongside a hand-crocheted heart.

1. As a class, decide who you want to write to. What are the environmental issues in the local area? You may want to write to the manager of a local supermarket about the plastic packaging on their products, for example.
2. Each learner makes a heart. Use our crochet video to help, or devise a different craft project. To be a Hearts on our Sleeves project, we ask you to use green and purple to symbolise women and girls as well as environment. However, if crocheting with a class is impractical, you could bake cookies (ice them in green and purple), use felt and glue to make hearts, paint green and purple hearts onto pebbles, or any number of myriad creative ways. Perhaps make this decision as a group so that everyone feels invested in the project.
3. Together, draft a letter. Once it’s drafted, each learner writes a copy. There are letter templates on our Resources page, or you can use your own. Include some of the facts from the lesson plan. In our letters we make it clear that we are giving a heart to express our concern about these facts and the environmental issue, and we invite the letter recipient to wear the heart to show that they share these concerns.
4. Send off the letters together. Include school and class name and wait for replies!

Give an individual heart

1. Show learners the poster from this page – it has 10 ideas of what children can do to stop environmental damage. <https://www.climaterealityproject.org/sites/default/files/APR%2018%20NGK-Climate%20Change%20tips_0.pdf> or

<https://www.climaterealityproject.org/blog/just-kids-what-climate-change-and-what-can-i-do> Each learner decides on one idea that they would like to do in their own lives.

1. Each learner makes a heart, as above.
2. They take the heart home with them and choose a family member or family friend to give it to. When they give it, they explain what it symbolises and what change they have decided to make in their own lives.
3. Alternatively, the hearts could be hung onto a “promises tree” at school or in the local community.